





# September 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Center is Closed</b></p> 	<p>1 8:00-3:00 Gym on your own. 2</p> <p>09:30-10:15 Coffee &amp; Socializing</p> <p><b>10:00-11:00 Gail Jones Gospel Singing</b></p>  <p>11:30-12:15 Lunch</p> <p>12:30-1:00 Cards/Games/Wii/Puzzles/Fitness</p>	<p>3 8:00-3:00 Gym on your own. 3</p> <p>09:30-10:15 Coffee &amp; Socializing</p> <p>10:15-11:30 <b>Courtney w/ GA DNR</b></p> <p>11:30-12:00 Lunch</p> <p>12:30-1:00 Cards/Games/Wii/Puzzles/Fitness/Ping Pong/Shuffle Board/Gym/Billiards</p>	<p>4 8:00-3:00 Gym on your own. 4</p> <p>09:30-10:15 Coffee &amp; Socializing</p> <p><b>10:00-11:00 Devotion (Optional) with Mr. McDuffie</b></p> <p>11:30-12:15 Lunch</p> <p>12:30-1:00 Senior Fitness/Wii</p>	<p>5 9:00-1:00 Gym on your own. 5</p> <p><b>FRIEND-DAY FRIDAY</b></p> <p><b>Drive-In</b></p> <p>09:00-1:00 Cards/Games/Wii/Puzzles/Fitness/Ping Pong/Shuffleboard/Gym/Billiards</p>
<p>8:00-3:00 Gym on your own. 8</p> <p><b>FUNDAY MONDAY</b></p> <p>09:30-11:15 Coffee &amp; Socializing</p> <p>Cards/Games/Wii/Puzzles/Fitness</p> <p><b>10am-11am Tai Chi w/ Ms. Whitmire</b></p> <p>11:30-12:15 Lunch</p> <p>12:30-1:00 Cards/Games/Wii/Puzzles/Fitness/Ping Pong/Shuffle Board/Gym/Billiards</p>	<p>9 8:00-3:00 Gym on your own. 9</p> <p>09:30-10:15 Coffee &amp; Socializing</p> <p>10:30-11:30 <b>Base Ball Game</b></p> <p>11:30-12:00 Lunch</p> <p>12:30-1:00 Cards/Games/Wii/Puzzles/Fitness/Ping Pong/Shuffle Board/Gym/Billiards</p>	<p>10 8:00-3:00 Gym on your own. 10</p> <p>09:30-10:15 Coffee &amp; Socializing</p> <p>10:30-11:30 </p> <p><b>Sponsored by Hanna w/Affinity Hospice</b></p> <p>11:30-12:15 Lunch</p> <p>12:30-1:00 Senior Fitness/Wii</p>	<p>11 8:00-3:00 Gym on your own. 11</p> <p>09:30-10:15 Coffee &amp; Socializing</p> <p><b>10:00-11:00 Devotion (Optional) with Mr. McDuffie</b></p> <p>11:30-12:15 Lunch</p> <p>12:30-1:00 Senior Fitness/Wii</p>	<p>12 9:00-1:00 Gym on your own. 12</p> <p><b>FRIEND-DAY FRIDAY</b></p> <p><b>Drive-In</b></p> <p>09:00-1:00 Cards/Games/Wii/Puzzles/Fitness/Ping Pong/Shuffleboard/Gym/Billiards</p>
<p>15 8:00-3:00 Gym on your own. 15</p> <p><b>FUNDAY MONDAY</b></p> <p>09:30-11:15 Coffee &amp; Socializing</p> <p>Cards/Games/Wii/Puzzles/Fitness</p> <p><b>10am-11am Tai Chi w/ Ms. Whitmire</b></p> <p>11:30-12:15 Lunch</p> <p>12:30-1:00 Cards/Games/Wii/Puzzles/Fitness/Ping Pong/Shuffle Board/Gym/Billiards</p> <p><b>***Bowling Tournament Starts***</b></p>	<p>16 8:00-3:00 Gym on your own. 16</p> <p>09:30-10:15 Coffee &amp; Socializing</p> <p>10:30-11:30 <b>Exercise w/Dr. Brooke</b></p> <p>11:30-12:00 Lunch</p> <p>12:30-1:00 Cards/Games/Wii/Puzzles/Fitness/Ping Pong/Shuffle Board/Gym/Billiards</p>	<p>17 8:00-3:00 Gym on your own. 17</p> <p>09:30-10:15 Coffee &amp; Socializing</p> <p><b>10:30-11:30-Eboni w/ GA Hospice Care Bean Auction</b></p>  <p>11:30-12:15 Lunch</p> <p>12:30-1:00 Senior Fitness/Wii</p>	<p>18 8:00-3:00 Gym on your own. 18</p> <p>09:30-10:15 Coffee &amp; Socializing</p> <p><b>10:00-11:00 Devotion (Optional) with Mr. McDuffie</b></p> <p>11:30-12:15 Lunch</p> <p>12:30-1:00 Senior Fitness/Wii</p>	<p>19 9:00-1:00 Gym on your own. 19</p> <p><b>FRIEND-DAY FRIDAY</b></p> <p><b>Drive-In</b></p> <p>09:00-1:00 Cards/Games/Wii/Puzzles/Fitness/Ping Pong/Shuffleboard/Gym/Billiards</p>



Leaving for the beach 22

Promptly @



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8:00-3:00 Gym on your own. 29

**FUNDAY MONDAY**

09:30-11:15 Coffee & Socializing  
Cards/Games/Wii/Puzzles/Fitness

**10am-11am Tai Chi w/ Ms. Whitmire**

11:30-12:15 Lunch

12:30-1:00 Cards/Games/Wii/  
Puzzles/Fitness/Ping Pong/Shuffle  
Board/Gym/Billiards

8:00-3:00 Gym on your own. 30

09:30-10:15 Coffee & Socializing

10:30-11:30 **Activity w/Candi**  
**Amedisys Home Health**

11:30-12:00 Lunch

12:30-1:00 Cards/Games/Wii/  
Puzzles/Fitness/Ping Pong/Shuffle  
Board/Gym/Billiards

**HAPPY BIRTHDAY!**

**Lisa Provitera 9-13**

**Deborah Edge 9-22**