

May 2025

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

HAPPY BIRTHDAY!
Kimberly Adams 5-1
Mussette Underwood 5-4

BLUE RIDGE TRAIN TRIP

BLUE RIDGE TRAIN TRIP 2



8:00-3:00 Gym on your own. 5
FUNDAY MONDAY
09:30-11:15 Coffee & Socializing
Cards/Games/Wii/Puzzles/Fitness
10am-11am Tai Chi w/ Ms. Whitmire
11:30-12:15 Lunch
12:30-1:00 Cards/Games/Wii/
Puzzles/Fitness/Ping Pong/Shuffle
Board/Gym/Billiards

8:00-3:00 Gym on your own. 6
09:30-10:15 Coffee & Socializing
10:30-11:30- Bean Bag Base Ball
11:30-12:00 Lunch
12:30-1:00 Cards/Games/Wii/
Puzzles/Fitness/Ping Pong/Shuffle
Board/Gym/Billiards

8:00-3:00 Gym on your own. 7
09:30-11:15 Coffee & Socializing
Cards/Games/Wii/Puzzles/Fitness
10:00 BINGO hosted by-Tonya Bolton/MedLink
11:30-12:15 Lunch
12:30-1:00 Cards/Games/Wii/
Puzzles/Fitness/Ping Pong/Shuffle
Board/Gym/Billiards



Mother's Day Celebration 8
Ladies Only Day Outing
Lunch & Shopping



9:00-1:00 Gym on your own. 9
FRIEND-DAY FRIDAY
Drive-In
09:00-1:00 Cards/Games/Wii/
Puzzles/Fitness/Ping
Pong/Shuffleboard/Gym/Billiards

8:00-3:00 Gym on your own. 12
FUNDAY MONDAY
09:30-11:15 Coffee & Socializing
Cards/Games/Wii/Puzzles/Fitness
10am-11am Tai Chi w/ Ms. Whitmire
11:30-12:15 Lunch
12:30-1:00 Cards/Games/Wii/
Puzzles/Fitness/Ping Pong/Shuffle
Board/Gym/Billiards

8:00-3:00 Gym on your own. 13
09:30-10:15 Coffee &
Socializing
10:30-11:30 **Exercise w/Dr. Brooke**
11:30-12:00 Lunch
12:30-1:00 Cards/Games/Wii/
Puzzles/Fitness/Ping Pong/Shuffle
Board/Gym/Billiards

8:00-3:00 Gym on your own. 14
09:30-10:15 Coffee & Socializing
1030-11:30-Elliott here w/ GA Hospice Care
11:30-12:15 Lunch
12:30-1:00 Cards/Puzzles/
Billiards/Games/Wii/Senior
Fitness

8:00-3:00 Gym on your own. 15
09:30-10:15 Coffee &
Socializing
10:00-11:00 Devotion
(Optional) with Mr. McDuffie
11:30-12:15 Lunch
12:30-1:00 Senior Fitness/Wii

9:00-1:00 Gym on your own. 16
FRIEND-DAY FRIDAY
Drive-In
09:00-1:00 Cards/Games/Wii/
Puzzles/Fitness/Ping
Pong/Shuffleboard/Gym/Billiards



8:00-3:00 Gym on your own. 19

FUNDAY MONDAY

09:30-11:15 Coffee & Socializing
Cards/Games/Wii/Puzzles/Fitness

10am-11am Tai Chi w/ Ms. Whitmire

11:30-12:15 Lunch

12:30-1:00 Cards/Games/Wii/
Puzzles/Fitness/Ping Pong/Shuffle
Board/Gym/Billiards

8:00-3:00 Gym on your own. 20

09:30-11:15 Coffee & Socializing
Cards/Games/Wii/Puzzles/Fitness
11:30-12:15 Lunch

Movie Matinee

Commerce Movie Theater
Time to be Announced

8:00-3:00 Gym on your own. 21

09:30-10:15 Coffee &
Socializing

10:30-11:30 Craft time/Wanda @
St. Mary's Hospice Plus Vitals

11:30-12:00 Lunch

12:30-1:00 Cards/Games/Wii/
Puzzles/Fitness/Ping Pong/Shuffle
Board/Gym/Billiards

8:00-3:00 Gym on your own. 22

09:30-10:15 Coffee &
Socializing

10:00-11:00 Devotion
(Optional) with Mr. McDuffie

11:30-12:00 Lunch

12:00 Alina Venick w/ GA
Legal

12:30-1:00 Senior Fitness/Wii

9:00-1:00 Gym on your own. 23

FRIEND-DAY FRIDAY

Drive-In

09:00-1:00 Cards/Games/Wii/
Puzzles/Fitness/Ping
Pong/Shuffleboard/Gym/Billiards

Center is closed 26



Memorial Day

8:00-3:00 Gym on your own. 27

09:30-10:15 Coffee & Socializing

10:30-

**Picnic @ Maysville
Park**

Weather Permitting

8:00-3:00 Gym on your own. 28

09:30-10:15 Coffee & Socializing

10:00-11:00 Gail Jones Gospel
Singing

11:30-12:15 Lunch

12:30-1:00 Cards/Games/Wii/
Puzzles/Fitness



8:00-3:00 Gym on your own. 29

09:30-10:15 Coffee &
Socializing

10:00-11:00 Devotion
(Optional) with Mr. McDuffie

OUT TO EAT

9:00-1:00 Gym on your own. 30

FRIEND-DAY FRIDAY

Drive-In

09:00-1:00 Cards/Games/Wii/
Puzzles/Fitness/Ping
Pong/Shuffleboard/Gym/Billiards