

# May 2025

• MONDAY •

• TUESDAY •

• WEDNESDAY •

• THURSDAY •

• FRIDAY •

**HAPPY BIRTHDAY!**  
**Kimberly Adams 5-1**  
**Mussette Underwood 5-4**

**BLUE RIDGE TRAIN TRIP 1**



**BLUE RIDGE TRAIN TRIP 2**



8:00-3:00 Gym on your own. **5**  
**FUNDAY MONDAY**  
 09:30-11:15 Coffee & Socializing  
 Cards/Games/Wii/Puzzles/Fitness  
**10am-11am Tai Chi w/ Ms. Whitmire**  
 11:30-12:15 Lunch  
 12:30-1:00 Cards/Games/Wii/  
 Puzzles/Fitness/Ping Pong/Shuffle  
 Board/Gym/Billiards

8:00-3:00 Gym on your own. **6**  
 09:30-10:15 Coffee & Socializing  
**10:30-11:30- Bean Bag Base Ball**  
 11:30-12:00 Lunch  
 12:30-1:00 Cards/Games/Wii/  
 Puzzles/Fitness/Ping Pong/Shuffle  
 Board/Gym/Billiards

8:00-3:00 Gym on your own. **7**  
 09:30-11:15 Coffee & Socializing  
 Cards/Games/Wii/Puzzles/Fitness  
**10:00 BINGO hosted by-Tonya Bolton/MedLink**  
  
 11:30-12:15 Lunch  
 12:30-1:00 Cards/Games/Wii/  
 Puzzles/Fitness/Ping Pong/Shuffle  
 Board/Gym/Billiards

**Mother's Day Celebration 8**  
**Ladies Only Day Outing**  
**Lunch & Shopping**  


9:00-1:00 Gym on your own. **9**  
**FRIEND-DAY FRIDAY**  
**Drive-In**  
 09:00-1:00 Cards/Games/Wii/  
 Puzzles/Fitness/Ping  
 Pong/Shuffleboard/Gym/Billiards

8:00-3:00 Gym on your own. **12**  
**FUNDAY MONDAY**  
 09:30-11:15 Coffee & Socializing  
 Cards/Games/Wii/Puzzles/Fitness  
**10am-11am Tai Chi w/ Ms. Whitmire**  
 11:30-12:15 Lunch  
 12:30-1:00 Cards/Games/Wii/  
 Puzzles/Fitness/Ping Pong/Shuffle  
 Board/Gym/Billiards

8:00-3:00 Gym on your own. **13**  
 09:30-10:15 Coffee &  
 Socializing  
 10:30-11:30 **Exercise w/Dr. Brooke**  
 11:30-12:00 Lunch  
 12:30-1:00 Cards/Games/Wii/  
 Puzzles/Fitness/Ping Pong/Shuffle  
 Board/Gym/Billiards

8:00-3:00 Gym on your own. **14**  
 09:30-10:15 Coffee & Socializing  
**1030-11:30-Elliott here w/ GA Hospice Care**  
 11:30-12:15 Lunch  
 12:30-1:00 Cards/Puzzles/  
 Billiards/Games/Wii/Senior  
 Fitness

8:00-3:00 Gym on your own. **15**  
 09:30-10:15 Coffee &  
 Socializing  
**10:00-11:00 Devotion (Optional) with Mr. McDuffie**  
 11:30-12:15 Lunch  
 12:30-1:00 Senior Fitness/Wii

9:00-1:00 Gym on your own. **16**  
**FRIEND-DAY FRIDAY**  
**Drive-In**  
 09:00-1:00 Cards/Games/Wii/  
 Puzzles/Fitness/Ping  
 Pong/Shuffleboard/Gym/Billiards



8:00-3:00 Gym on your own. 19

**FUNDAY MONDAY**

09:30-11:15 Coffee & Socializing  
Cards/Games/Wii/Puzzles/Fitness

10am-11am Tai Chi w/ Ms. Whitmire

11:30-12:15 Lunch

12:30-1:00 Cards/Games/Wii/  
Puzzles/Fitness/Ping Pong/Shuffle  
Board/Gym/Billiards

8:00-3:00 Gym on your own. 20

09:30-11:15 Coffee & Socializing  
Cards/Games/Wii/Puzzles/Fitness  
11:30-12:15 Lunch

**Movie Matinee**

**Commerce Movie Theater**

Time to be Announced

8:00-3:00 Gym on your own. 21

09:30-10:15 Coffee &  
Socializing

10:30-11:30 Craft time/Wanda @  
**St. Mary's Hospice Plus Vitals**

11:30-12:00 Lunch

12:30-1:00 Cards/Games/Wii/  
Puzzles/Fitness/Ping Pong/Shuffle  
Board/Gym/Billiards

8:00-3:00 Gym on your own. 22

09:30-10:15 Coffee &  
Socializing

10:00-11:00 Devotion  
**(Optional) with Mr. McDuffie**

11:30-12:00 Lunch

12:00 **Alina Venick w/ GA  
Legal**

12:30-1:00 Senior Fitness/Wii

9:00-1:00 Gym on your own. 23

**FRIEND-DAY FRIDAY**

**Drive-In**

09:00-1:00 Cards/Games/Wii/  
Puzzles/Fitness/Ping  
Pong/Shuffleboard/Gym/Billiards

**Center is closed** 26



**Memorial Day**

8:00-3:00 Gym on your own. 27

09:30-10:15 Coffee & Socializing

10:30-

**Picnic @ Maysville**

**Park**

Weather Permitting

8:00-3:00 Gym on your own. 28

09:30-10:15 Coffee & Socializing

10:00-11:00 Gail Jones Gospel  
**Singing**

11:30-12:15 Lunch

12:30-1:00 Cards/Games/Wii/  
Puzzles/Fitness



8:00-3:00 Gym on your own. 29

09:30-10:15 Coffee &  
Socializing

10:00-11:00 Devotion  
**(Optional) with Mr. McDuffie**

**OUT TO EAT**

9:00-1:00 Gym on your own. 30

**FRIEND-DAY FRIDAY**

**Drive-In**

09:00-1:00 Cards/Games/Wii/  
Puzzles/Fitness/Ping  
Pong/Shuffleboard/Gym/Billiards

