May 2024 TUESDAY WEDNESDAY THURSDAY FRIDAY MONDAY 12:00-3:00 Gym on your own. 8:00-3:00 Gym on your own. 8:00-3:00 Gym on your own. 2 3 09:30-10:15 Coffee & Socializing 09:30-10:15 Coffee & Virtual Congregate HAPPY BIRTHDAY 10:30-11:00 Alina Venick, Attorney Socializing Zumba Gold **Georgia Legal Services Program** 10:00-11:00 Devotion https://youtu.be/wfOB8fXqVZI Kimberly Adams 5-1 11:30-12:15 Lunch (Optional) with Mr. McDuffie Standing Pilates for Seniors 12:30-1:30 Cards/Games/Wii/ Latrelle Lawrence 5-23 11:30-12:15 Lunch https://voutu.be/i3PYS isA1c Puzzles/Fitness 12:30-1:30 Cards/Games/Wii/ Puzzles/Fitness 9:00-1:00 Gym on your own. 8:00-3:00 Gym on your own. 8:00-3:00 Gym on your own. Mother's Day Celebration 9 8:00-3:00 Gym on your own. 10 8 **FUNDAY MONDAY** 09:30-10:15 Coffee & Socializing 09:30-10:15Coffee & Socializing Ladies Only Day Outing **FRIEND-DAY FRIDAY** 10:30-11:00 Base Ball Bean Lunch & Shopping 09:30-11:15 Coffee & Socializing 10:30-11:30 **Drive-In Bag Toss** Cards/Games/Wii/Puzzles/Fitness 09:00-1:00 Cards/Games/Wii/ 10am-11am Tai Chi w/ Ms. Whitmire 11:30-12:15 Lunch Puzzles/Fitness/Ping 11:30-12:15 Lunch 12:30-1:00 Cards/Puzzles/ 11:30-12:15 Lunch Pong/Shuffleboard/Gym/Billiards 12:30-1:00 Cards/Games/Wii/ Billiards/Games/Wii/Senior 12:30-1:00 Senior Fitness/Wii Puzzles/Fitness/Ping Pong/Shuffle Fitness Board/Gym/Billiards 8:00-3:00 Gym on your own. 8:00-3:00 Gym on your own 8:00-3:00 Gym on your own. 16 9:00-1:00 Gym on your own. 17 8:00-3:00 Gym on your own. 13 14 15 09:30-11:15 Coffee & Socializing 09:30-10:15 Coffee & Socializing 09:30-10:15 Coffee & **FUNDAY MONDAY FRIEND-DAY FRIDAY** 10:00-11:00 Devotion Cards/Games/Wii/Puzzles/Fitness Socializing 09:30-11:15 Coffee & Socializing **Drive-In** (Optional) with Mr. McDuffie 10:30 Shana Shoden/MedLink 10:30-11:30 Exercise w/Dr. Cards/Games/Wii/Puzzles/Fitness 09:00-1:00 Cards/Games/Wii/ 11:45 Banks Co. EMS Health 11:30-12:15 Lunch **Brooke** 10am-11am Tai Chi w/ Ms. Whitmire Puzzles/Fitness/Ping Screenings 12:30-1:00 Cards/Games/Wii/ 11:30-12:15 Lunch 11:30-12:00 Lunch Pong/Shuffleboard/Gym/Billiards 11:30-12:15 Lunch Puzzles/Fitness/Ping Pong/Shuffle 12:30-1:00 Cards/Games/Wii/ 12:30-1:00 Cards/Games/Wii/ 12:30-1:30 Cards/Games/Wii/ Board/Gym/Billiards Puzzles/Fitness/Ping Pong/Shuffle Puzzles/Fitness Puzzles/Fitness Board/Gym/Billiards

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8:00-3:00 Gym on your own. 20	8:00-3:00 Gym on your own. 21	8:00-3:00 Gym on your own. 22	8:00-3:00 Gym on your own. 23	9:00-1:00 Gym on your own. 24	
FUNDAY MONDAY	09:30-11:15 Coffee & Socializing	09:30-10:15 Coffee &	09:30-10:15 Coffee &	FRIEND-DAY FRIDAY	1
09:30-11:15 Coffee & Socializing	Cards/Games/Wii/Puzzles/Fitness	Socializing	Socializing	Drive-In	\swarrow
Cards/Games/Wii/Puzzles/Fitness	11:30-12:15 Lunch	10:00-11:00 Bean Bag	10:00-11:00 Devotion	09:00-1:00 Cards/Games/Wii/	A.
10am-11am Tai Chi w/ Ms. Whitmire	12:30-1:00 Cards/Games/Wii/	Baseball	(Optional) with Mr. McDuffie	Puzzles/Fitness/Ping	*
11:30-12:15 Lunch	Puzzles/Fitness/Ping Pong/Shuffle	11:30-12:15 Lunch	11:30-12:15 Lunch	Pong/Shuffleboard/Gym/Billiards	
12:30-1:00 Cards/Games/Wii/	Board/Gym/Billiards	12:30-1:30 Cards/Games/Wii/	12:30-1:30 Cards/Games/Wii/		
Puzzles/Fitness/Ping Pong/Shuffle	Movie Matinee	Puzzles/Fitness	Puzzles/Fitness		
Board/Gym/Billiards					
Center is closed 27	8:00-3:00 Gym on your own. 28	Lunch Out 29	8:00-3:00 Gym on your own. 30	9:00-1:00 Gym on your own. 31	
	09:30-10:15 Coffee & Socializing	Lake Hartwell Wildlife Safari	09:30-10:15 Coffee &	FRIEND-DAY FRIDAY	
	10:30-11:30 Gail Jones	Senior Price \$5	Socializing	Drive-In	
* THE FALLEN *	Singing	Bags of food sold separately	10:00-11:00 Devotion	09:00-1:00 Cards/Games/Wii/	
	11:30-12:00 Lunch 🎽		(Optional) with Mr. McDuffie	Puzzles/Fitness/Ping	
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	12:30-1:00 Cards/Games/Wii/	and all	11:30-12:15 Lunch	Pong/Shuffleboard/Gvm/Billiards	
	12:30-1:00 Cards/Games/Wii/ Puzzles/Fitness		11:30-12:15 Lunch 12:30-1:30 Cards/Games/Wii/	Pong/Shuffleboard/Gym/Billiards	
THANK ME				Pong/Shuffleboard/Gym/Billiards	