

July 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HAPPY BIRTHDAY! Pasquale Provitera 7-16 Jimmy Charles 7-19 Maxine Jones 7-26 Bobbie Rucker 7-29	8:00-3:00 Gym on your own. 1 09:30-10:15 Coffee & Socializing 10:30- Picnic @ Maysville Park Weather Permitting	8:00-3:00 Gym on your own. 2 09:30-10:15 Coffee & Socializing 10:30-11:30-Wanda/Joy w/ St. Mary's Bean Auction  11:30-12:15 Lunch 12:30-1:00 Senior Fitness/Wii	8:00-3:00 Gym on your own. 3 09:30-10:15 Coffee & Socializing 10:00-11:00 Devotion (Optional) with Mr. McDuffie 11:00- Lunch Out	CENTER IS CLOSED 4 
8:00-3:00 Gym on your own. 7 FUNDAY MONDAY 09:30-11:15 Coffee & Socializing Cards/Games/Wii/Puzzles/Fitness 10am-11am Tai Chi w/ Ms. Whitmire 11:30-12:15 Lunch 12:30-1:00 Cards/Games/Wii/ Puzzles/Fitness/Ping Pong/Shuffle Board/Gym/Billiards	8:00-3:00 Gym on your own. 8 09:30-11:15 Coffee & Socializing Cards/Games/Wii/Puzzles/Fitness 11:30-12:15 Lunch 12:30-1:00 Cards/Games/Wii/ Puzzles/Fitness/Ping Pong/Shuffle Board/Gym/Billiards	8:00-3:00 Gym on your own. 9 09:30-10:15 Coffee & Socializing 10:30-11:30  Sponsored by Tonya Bolton/MedLink 11:30-12:15 Lunch 12:30-1:00 Senior Fitness/Wii	8:00-3:00 Gym on your own. 10 09:30-10:15 Coffee & Socializing 10:00-11:00 Devotion (Optional) with Mr. McDuffie 11:30-12:00 Lunch 12:00- Toni Telenta w/ GA Legal 1:00 Cards/Games/Wii/ Puzzles/Fitness/Ping Pong/Shuffle Board/Gym/Billiards	9:00-1:00 Gym on your own. 11 FRIEND-DAY FRIDAY Drive-In 09:00-1:00 Cards/Games/Wii/ Puzzles/Fitness/Ping Pong/Shuffleboard/Gym/Billiards
8:00-3:00 Gym on your own. 14 FUNDAY MONDAY 09:30-11:15 Coffee & Socializing Cards/Games/Wii/Puzzles/Fitness 10am-11am Tai Chi w/ Ms. Whitmire 11:30-12:15 Lunch 12:30-1:00 Cards/Games/Wii/ Puzzles/Fitness/Ping Pong/Shuffle Board/Gym/Billiards	8:00-3:00 Gym on your own. 15 09:30-10:15 Coffee & Socializing 10:30-11:30 Exercise w/Dr. Brooke 11:30-12:00 Lunch 12:30-1:00 Cards/Games/Wii/ Puzzles/Fitness/Ping Pong/Shuffle Board/Gym/Billiards	8:00-3:00 Gym on your own. 16 09:30-10:15 Coffee & Socializing 10:015-11:00 Home Security /Fraud Banks Co. Sheriff's Office 11:30-12:15 Lunch 12:30-1:00 Senior Fitness/Wii/ Puzzles/Fitness/Ping Pong/Shuffle Board/Gym/Billiards	8:00-3:00 Gym on your own. 17 09:30-10:15 Coffee & Socializing 10:00-11:00 Devotion (Optional) with Mr. McDuffie 11:00-Tracey Sheppard** 11:30-12:15 Lunch 12:30-1:00 Senior Fitness/Wii	9:00-1:00 Gym on your own. 18 FRIEND-DAY FRIDAY Drive-In 09:00-1:00 Cards/Games/Wii/ Puzzles/Fitness/Ping Pong/Shuffleboard/Gym/Billiards

<div>8:00-3:00 Gym on your own. 21</div> <div>FUNDAY MONDAY</div> <div>09:30-11:15 Coffee & Socializing Cards/Games/Wii/Puzzles/Fitness 10am-11am Tai Chi w/ Ms. Whitmire 11:30-12:15 Lunch 12:30-1:00 Cards/Games/Wii/ Puzzles/Fitness/Ping Pong/Shuffle Board/Gym/Billiards</div>	<div>8:00-3:00 Gym on your own. 22</div> <div>09:30-10:15 Coffee & Socializing 10:00-11:00 Gail Jones Gospel Singing  11:30-12:15 Lunch 12:30-1:00 Cards/Games/Wii/ Puzzles/Fitness</div>	<div>8:00-3:00 Gym on your own. 23</div> <div>09:30-10:15 Coffee & Socializing 10:15-11:30 Meghan W/GA Hospice Craft 11:30-12:15 Lunch 12:30-1:00 Senior Fitness/Wii/ Puzzles/Fitness/Ping Pong/Shuffle Board/Gym/Billiards</div>	<div>8:00-3:00 Gym on your own. 24</div> <div>09:30-10:15 Coffee & Socializing 10:00-11:00 Devotion (Optional) with Mr. McDuffie 11:30-12:15 Lunch 12:30-1:00 Senior Fitness/Wii</div>	<div>9:00-1:00 Gym on your own. 25</div> <div>FRIEND-DAY FRIDAY Drive-In 09:00-1:00 Cards/Games/Wii/ Puzzles/Fitness/Ping Pong/Shuffleboard/Gym/Billiards</div>
<div>8:00-3:00 Gym on your own. 28</div> <div>FUNDAY MONDAY</div> <div>09:30-11:15 Coffee & Socializing Cards/Games/Wii/Puzzles/Fitness 10am-11am Tai Chi w/ Ms. Whitmire 11:30-12:15 Lunch 12:30-1:00 Cards/Games/Wii/ Puzzles/Fitness/Ping Pong/Shuffle Board/Gym/Billiards</div>	<div>29</div> <div>Fun Day Out</div>	<div>8:00-3:00 Gym on your own. 30</div> <div>09:30-11:15 Coffee & Socializing Cards/Games/Wii/Puzzles/Fitness 11:30-12:15 Lunch 12:30-1:00 Cards/Games/Wii/ Puzzles/Fitness/Ping Pong/Shuffle Board/Gym/Billiards</div>	<div>8:00-3:00 Gym on your own. 31</div> <div>09:30-10:15 Coffee & Socializing</div> <div>Farmers Market</div>	

