

January 2026

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

HAPPY BIRTHDAY

Tracie Hammond 1-2

Tim Minchew 1-6

Bill Edge 1-13

Gerard Leblond 1-16

Alice Taylor 1-23

CENTER IS CLOSED



1

9:00-1:00 Gym on your own.

2

FRIEND-DAY FRIDAY

Drive-In

09:00-1:00 Cards/Games/Wii/
Puzzles/Fitness/Ping
Pong/Shuffleboard/Gym/Billiard
s/ Nex Play

8:00-3:00 Gym on your own.

5

FUNDAY MONDAY

09:30-11:15 Coffee & Socializing
Cards/Games/Wii/Puzzles/Fitness
10am-11am Tai Chi w/ Ms. Whitmire
11:30-12:15 Lunch
12:30-1:00 Cards/Games/Wii/Nex
Puzzles/Fitness/Ping Pong/Shuffle
Board/Gym/Billiards/Nex Play

8:00-3:00 Gym on your own.

6

09:30-10:15 Coffee & Socializing
10:00-11:00 Base Ball
11:30-12:15 Lunch
12:30-1:00 Cards/Games/Wii/
Puzzles/Fitness/Nex Play

8:00-3:00 Gym on your own.

7

09:30-10:15 Coffee & Socializing
10:30-11:30 **Senior Fitness**
w/JeAnna
11:30-12:00 Lunch
12:30-1:00 Cards/Games/Wii/
Puzzles/Fitness/Ping Pong/Shuffle
Board/Gym/Billiards/Nex Play

8:00-3:00 Gym on your own.

8

09:30-10:15 Coffee & Socializing
10:00-11:00 Devotion (Optional)
with Mr. McDuffie
11:30-12:15 Lunch
12:30-1:00 Senior Fitness/Wii/Nex
Play

9:00-1:00 Gym on your own.

9

FRIEND-DAY FRIDAY

Drive-In

09:00-1:00 Cards/Games/Wii/
Puzzles/Fitness/Ping
Pong/Shuffleboard/Gym/Billiard
s/ Nex Play

8:00-3:00 Gym on your own.

12

FUNDAY MONDAY

09:30-11:15 Coffee & Socializing
Cards/Games/Wii/Puzzles/Fitness
10am-11am Tai Chi w/ Ms. Whitmire
11:30-12:15 Lunch
12:30-1:00 Cards/Games/Wii/
Puzzles/Fitness/Ping Pong/Shuffle
Board/Gym/Billiards/Nex Play

8:00-3:00 Gym on your own.

13

09:30-10:00 Coffee & Socializing
10:00-11:30 Pajama/Movie Day



12:30-1:00 Cards/Games/Wii/
Puzzles/Fitness/Nex Play

8:00-3:00 Gym on your own.

14

09:30-10:15 Coffee & Socializing
10:30-11:30 **BINGO**
Sponsored by Lindsay Affinis
Hospice

11:30-12:15 Lunch
12:30-1:00 Senior Fitness/Wii/
Nex Play

8:00-3:00 Gym on your own.

15

09:30-10:15 Coffee & Socializing
10:00-11:00 Devotion (Optional)
with Mr. McDuffie
11:30-12:15 Lunch
12:30-1:00 Senior Fitness/Wii/ Nex
Play

9:00-1:00 Gym on your own.

16

FRIEND-DAY FRIDAY

Drive-In

09:00-1:00 Cards/Games/Wii/
Puzzles/Fitness/Ping
Pong/Shuffleboard/Gym/Billiard
s/ Nex Play

19

CENTER IS CLOSED



8:00-3:00 Gym on your own. 26

FUNDAY MONDAY

09:30-11:15 Coffee & Socializing
Cards/Games/Wii/Puzzles/Fitness

10am-11am Tai Chi w/ Ms. Whitmire

11:30-12:15 Lunch

12:30-1:00 Cards/Games/Wii/
Puzzles/Fitness/Ping Pong/Shuffle
Board/Gym/Billiards/Nex Play

8:00-3:00 Gym on your own. 20

09:30-11:15 Coffee & Socializing
Cards/Games/Wii/Puzzles/Fitness

10:30 Eboni GA Hospice Care

11:30-12:15 Lunch

12:30-1:00 Cards/Games/Wii/
Puzzles/Fitness/Ping/Nex play/
Pong/Shuffle Board/Gym/Billiards

8:00-3:00 Gym on your own. 27

09:30-10:15 Coffee & Socializing

10:30-11:30 **Wanda/Joy St.
Mary's Hospice/Home Health**

11:30-12:15 Lunch

12:30-1:00 Senior Fitness/Wii/
Nex Play

8:00-3:00 Gym on your own. 21

09:30-10:15 Coffee & Socializing

10:30-11:30 **Senior Fitness
w/JeAnna**

11:30-12:00 Lunch

12:30-1:00 Cards/Games/Wii/
Puzzles/Fitness/Ping Pong/Shuffle
Board/Gym/Billiards/Nex Play

8:00-3:00 Gym on your own. 28

09:30-10:15 Coffee & Socializing

10:30-11:30 **Singing w/ Gail
Jones**

11:30-12:00 Lunch

12:30-1:00 Cards/G;  vii/
Puzzles/Fitness/Ping Pong/Shuffle
Board/Gym/Billiards/Nex Play

8:00-3:00 Gym on your own. 22

09:30-10:15 Coffee & Socializing

**10:00-11:00 Devotion (Optional)
with Mr. McDuffie**

11:30-12:15 Lunch

12:30-1:00 Senior Fitness/Wii/ Nex
Play

8:00-3:00 Gym on your own. 29

09:30-10:15 Coffee & Socializing

**10:00-11:00 Devotion (Optional)
with Mr. McDuffie**

11:30-12:15 Lunch Nex Play

12:30-1:00 Senior Fitness/Wii/ Nex
Play

9:00-1:00 Gym on your own. 23

FRIEND-DAY FRIDAY

Drive-In

09:00-1:00 Cards/Games/Wii/
Puzzles/Fitness/Ping
Pong/Shuffleboard/Gym/Billiard
s/ Nex Play

9:00-1:00 Gym on your own. 30

FRIEND-DAY FRIDAY

Drive-In

09:00-1:00 Cards/Games/Wii/
Puzzles/Fitness/Ping
Pong/Shuffleboard/Gym/Billiard
s/ Nex Play

2026

HAPPY NEW YEAR