


February 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>8:00-3:00 Gym on your own. 2</p> <p>FUNDAY MONDAY</p> <p>09:30-11:15 Coffee & Socializing Cards/Games/Wii/Puzzles/Fitness 10am-11am Tai Chi w/ Ms. Whitmire</p> <p>11:30-12:15 Lunch 12:30-1:00 Cards/Games/Wii/ Puzzles/Fitness/Ping Pong/Shuffle Board/Gym/Billiards</p>	<p>8:00-3:00 Gym on your own. 3</p> <p>09:30-10:00 Coffee & Socializing 10:00-11:30 Pajama/Movie Day</p>  <p>12:30-1:00 Cards/Games/Wii/ Puzzles/Fitness/Nex Play</p>	<p>8:00-3:00 Gym on your own. 4</p> <p>09:30-11:15 Coffee & Socializing Cards/Games/Wii/Puzzles/Fitness 10:30 Tonya Bolton- MedLink</p> <p>11:30-12:15 Lunch 12:30-1:00 Cards/Games/Wii/ Puzzles/Fitness/Ping Pong/Shuffle Board/Gym/Billiards</p>	<p>8:00-3:00 Gym on your own. 5</p> <p>09:30-10:15 Coffee & Socializing 10:00-11:00 Devotion (Optional) with Mr. McDuffie</p> <p>11:30-12:15 Lunch 12:30-1:00 Senior Fitness/Wii</p>	<p>9:00-1:00 Gym on your own. 6</p> <p>FRIEND-DAY FRIDAY Drive-In</p> <p>09:00-1:00 Cards/Games/Wii/ Puzzles/Fitness/Ping Pong/Shuffleboard/Gym/Billiards</p>
<p>8:00-3:00 Gym on your own. 9</p> <p>FUNDAY MONDAY</p> <p>09:30-11:15 Coffee & Socializing Cards/Games/Wii/Puzzles/Fitness 10am-11am Tai Chi w/ Ms. Whitmire</p> <p>11:30-12:15 Lunch 12:30-1:00 Cards/Games/Wii/ Puzzles/Fitness/Ping Pong/Shuffle Board/Gym/Billiards</p>	<p>8:00-3:00 Gym on your own. 10</p> <p>09:30-10:15 Coffee & Socializing 10:30-11:00 Senior Fitness or Base Ball bean bag toss- You choose</p> <p>11:30-12:00 Lunch 12:30-1:00 Cards/Games/Wii/ Puzzles/Fitness/Ping Pong/Shuffle Board/Gym/Billiards/Nex Play</p>	<p>8:00-3:00 Gym on your own. 11</p> <p>09:30-10:15 Coffee & Socializing 10:30-11:30 </p> <p>Sponsored by Lindsay Affinis Hospice</p> <p>11:30-12:15 Lunch 12:30-1:00 Senior Fitness/Wii</p>	<p>8:00-3:00 Gym on your own. 12</p> <p>09:30-10:15 Coffee & Socializing 10:00-11:00 Devotion (Optional) with Mr. McDuffie</p> <p>11:30-12:15 Lunch 12:30-1:00 Senior Fitness/Wii</p>	<p>9:00-1:00 Gym on your own. 13</p> <p>FRIEND-DAY FRIDAY Drive-In</p> <p>09:00-1:00 Cards/Games/Wii/ Puzzles/Fitness/Ping Pong/Shuffleboard/Gym/Billiards</p>
<p>CENTER IS CLOSED 16</p>  <p>Presidents' Day February 17</p>	<p>8:00-3:00 Gym on your own. 17</p> <p>09:30-11:15 Coffee & Socializing Cards/Games/Wii/Puzzles/Fitness 10:30 Eboni GA Hospice Care</p> <p>11:30-12:15 Lunch 12:30-1:00 Cards/Games/Wii/ Puzzles/Fitness/Ping Pong/Shuffle Board/Gym/Billiards</p>	<p>8:00-3:00 Gym on your own. 18</p> <p>09:30-11:15 Coffee & Socializing Cards/Games/Wii/Puzzles/Fitness 10:00-Banks Co. Interactive Club</p> <p>11:30-12:15 Lunch 12:30-1:00 Cards/Games/Wii/ Puzzles/Fitness/Ping Pong/Shuffle Board/Gym/Billiards</p>	<p>8:00-3:00 Gym on your own. 19</p> <p>09:30-10:15 Coffee & Socializing 10:00-11:00 Devotion (Optional) with Mr. McDuffie</p> <p>11:30-12:15 Lunch 12:30-1:00 Senior Fitness/Wii</p>	<p>9:00-1:00 Gym on your own. 20</p> <p>FRIEND-DAY FRIDAY Drive-In</p> <p>09:00-1:00 Cards/Games/Wii/ Puzzles/Fitness/Ping Pong/Shuffleboard/Gym/Billiards</p>

8:00-3:00 Gym on your own. 23

FUNDAY MONDAY

09:30-11:15 Coffee & Socializing
Cards/Games/Wii/Puzzles/Fitness
10am-11am Tai Chi w/ Ms. Whitmire
11:30-12:15 Lunch
12:30-1:00 Cards/Games/Wii/
Puzzles/Fitness/Ping Pong/Shuffle
Board/Gym/Billiards

8:00-3:00 Gym on your own. 24

09:30-10:15 Coffee & Socializing
10:30-11:30 Wanda/Joy St.
Mary's Hospice/Home Health
11:30-12:15 Lunch
12:30-1:00 Senior Fitness/Wii/
Nex Play

8:00-3:00 Gym on your own. 25

09:30-10:15 Coffee & Socializing
10:30-11:30 Singing w/ Gail
Jones
11:30-12:00 Lunch
12:30-1:00 Cards/G
Puzzles/Fitness/Ping Pong/Shuffle
Board/Gym/Billiards/Nex Play



8:00-3:00 Gym on your own. 26

09:30-10:15 Coffee & Socializing
10:00-11:00 Devotion
(Optional) with Mr. McDuffie
11:30-12:15 Lunch
12:30-1:00 Senior Fitness/Wii

9:00-1:00 Gym on your own. 27

FRIEND-DAY FRIDAY

Drive-In

09:00-1:00 Cards/Games/Wii/
Puzzles/Fitness/Ping
Pong/Shuffleboard/Gym/Billiards

HAPPY BIRTHDAY
Isaac McDuffie 2-9
Janet Chevalier 2-11

