December 2025

MONDAY **TUESDAY** WEDNESDAY **THURSDAY FRIDAY** 8:00-3:00 Gym on your own. 8:00-3:00 Gym on your own. 9:00-1:00 Gym on your own. 8:00-3:00 Gym on your own. 8:00-3:00 Gym on your own. 09:30-10:00 Coffee & Socializing 09:30-10:15 Coffee & Socializing 09:30-10:15 Coffee & Socializing **FUNDAY MONDAY** FRIEND-DAY FRIDAY 10:00-11:00 Christmas Edition 10:00-11:30 Pajama/Movie Day 10:00-11:00 Devotion 09:30-11:15 Coffee & Socializing **Drive-In Family Feud** (Optional) with Mr. McDuffie 09:30-9th District Heating Assistance 09:00-1:00 Cards/Games/Wii/ 11:30-12:15 Lunch 10am-11am Tai Chi w/ Ms. Whitmire 11:30-12:15 Lunch Puzzles/Fitness/Ping 12:30-1:00 Cards/Games/Wii/ 11:30-12:15 Lunch 12:30-1:00 Senior Fitness/Wii Pong/Shuffleboard/Gym/Billiards Puzzles/Fitness 12:30-1:00 Cards/Games/Wii/ 12:30-1:00 Cards/Games/Wii/ Puzzles/Fitness/Ping Pong/Shuffle Puzzles/Fitness Board/Gym/Billiards 8:00-3:00 Gym on your own. 8:00-3:00 Gym on your own. 9:00-1:00 Gym on your own. 8:00-3:00 Gym on your own. 09:30-10:15 Coffee & Socializing 09:30-10:15Coffee & Socializing **FUNDAY MONDAY** FRIEND-DAY FRIDAY 10:30-11:30 10:00-11:00 Devotion 09:30-11:15 Coffee & Socializing Hamrick's (Optional) with Mr. McDuffie Cards/Games/Wii/Puzzles/Fitness 09:00-1:00 Cards/Games/Wii/ 10am-11am Tai Chi w/ Ms. Whitmire Sponsored by Ebony GA 11:15-11:45 Lunch Puzzles/Fitness/Ping **Leaving Center at 9am Hospice Care** 11:30-12:15 Lunch 12:00- Gail Jones Gospel Singing Pong/Shuffleboard/Gym/Billiards 12:30-1:00 Cards/Games/Wii/ 11:30-12:15 Lunch Puzzles/Fitness/Ping Pong/Shuffle 12:30-1:00 Senior Fitness/Wii Board/Gym/Billiards 8:00-3:00 Gym on your own. 8:00-3:00 Gym on your own. 8:00-3:00 Gym on your own. 9:00-1:00 Gym on your own. 8:00-3:00 Gym on your own. **FUNDAY MONDAY** 09:30-10:15 Coffee & Socializing 09:30-11:15 Coffee & Socializing FRIEND-DAY FRIDAY 10:30-11:30 Exercise w/ JeAnna Cards/Games/Wii/Puzzles/Fitness 09:30-11:15 Coffee & Socializing **Lunch W/ Charity Baptist Drive-In** in memory of Dr. Brooke:) 10:30 Tonya Bolton/MedLink Cards/Games/Wii/Puzzles/Fitness Church 09:00-1:00 Cards/Games/Wii/ 11:30-12:00 Lunch 11:30-12:15 Lunch 10am-11am Tai Chi w/ Ms. Whitmire Puzzles/Fitness/Ping 12:30-1:00 Cards/Games/Wii/ 12:30-1:00 Cards/Games/Wii/ 12:30-1:00 Cards/Games/Wii/ 11:30-12:15 Lunch Pong/Shuffleboard/Gym/Billiards Puzzles/Fitness/Ping Pong/Shuffle 12:30-1:00 Cards/Games/Wii/ Puzzles/Fitness/Ping Pong/Shuffle Puzzles/Fitness/Ping Board/Gym/Billiards Board/Gym/Billiards Puzzles/Fitness/Ping Pong/Shuffle Pong/Shuffle Board/Gym/Billiards

Board/Gym/Billiards

8:00-3:00 Gym on your own. 22

FUNDAY MONDAY

09:30-11:15 Coffee & Socializing Cards/Games/Wii/Puzzles/Fitness 10am-11am Tai Chi w/ Ms. Whitmire

11:30-12:15 Lunch 12:30-1:00 Cards/Games/Wii/ Puzzles/Fitness/Ping Pong/Shuffle Board/Gym/Billiards

Out to Eat **For Christmas Lunch Cracker Barrel** Leaving Center @ 1045



CENTER IS CLOSED

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8:00-3:00 Gym on your own.

FUNDAY MONDAY

09:30-11:15 Coffee & Socializing Cards/Games/Wii/Puzzles/Fitness

10am-11am Tai Chi w/ Ms. Whitmire

11:30-12:15 Lunch 12:30-1:00 Cards/Games/Wii/

Puzzles/Fitness/Ping Pong/Shuffle Board/Gym/Billiards

8:00-3:00 Gym on your own.

09:30-10:15Coffee & Socializing 10:30-11:30 Wanda/Joy St.

Mary's Hospice/Home Health

11:30-12:15 Lunch

12:30-1:00 Senior Fitness/Wii

8:00-3:00 Gym on your own.

09:30-10:15 Coffee & Socializing

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10:00-11:00 Base Ball

11:30-12:15 Lunch 12:30-1:00 Cards/Games/Wii/ Puzzles/Fitness



Sandra Kanies 12-24



