August 2025

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	HAPPY BIRTHDAY! Doris Hubbard 8-6 David Brown 8-9 Maryann Neal 8-12 Betty Downing 8-15 Judi Deaton 8-17			9:00-1:00 Gym on your own. FRIEND-DAY FRIDAY Drive-In 09:00-1:00 Cards/Games/Wii/ Puzzles/Fitness/Ping Pong/Shuffleboard/Gym/Billiards
8:00-3:00 Gym on your own. FUNDAY MONDAY 09:30-11:15 Coffee & Socializing Cards/Games/Wii/Puzzles/Fitness 10am-11am Tai Chi w/ Ms. Whitmire 11:30-12:15 Lunch 12:30-1:00 Cards/Games/Wii/ Puzzles/Fitness/Ping Pong/Shuffle Board/Gym/Billiards	8:00-3:00 Gym on your own. 09:30-10:15 Coffee & Socializing 1015: Base Ball Bean Bag Toss 11:30-12:00 Lunch 12:30-1:00 Cards/Games/Wii/ Puzzles/Fitness	8:00-3:00 Gym on your own. 09:30-11:15 Coffee & Socializing Cards/Games/Wii/Puzzles/Fitness 10:30 Tonya Bolton/MedLink 11:30-12:15 Lunch 12:30-1:00 Cards/Games/Wii/ Puzzles/Fitness/Ping Pong/Shuffle Board/Gym/Billiards	8:00-3:00 Gym on your own. 7 09:30-10:15 Coffee & Socializing 10:00-11:00 Devotion (Optional) with Mr. McDuffie 11:30-12:15 Lunch 12:30-1:00 Senior Fitness/Wii	9:00-1:00 Gym on your own. FRIEND-DAY FRIDAY Drive-In 09:00-1:00 Cards/Games/Wii/ Puzzles/Fitness/Ping Pong/Shuffleboard/Gym/Billiard s
8:00-3:00 Gym on your own. FUNDAY MONDAY 09:30-11:15 Coffee & Socializing Cards/Games/Wii/Puzzles/Fitness 10am-11am Tai Chi w/ Ms. Whitmire 11:30-12:15 Lunch 12:30-1:00 Cards/Games/Wii/ Puzzles/Fitness/Ping Pong/Shuffle Board/Gym/Billiards	8:00-3:00 Gym on your own. 09:30-10:15 Coffee & Socializing 10:30-11:00 Exercise/Senior Fit 11:30-12:15 Lunch 12:30-1:00 Cards/Games/Wii/ Puzzles/Fitness/Ping Pong/Shuffle Board/Gym/Billiards	8:00-3:00 Gym on your own. 13 09:30-10:15Coffee & Socializing 10:30-11:30 Sponsored by Hanna W/ Affinity Hospice 11:30-12:15 Lunch 12:30-1:00 Senior Fitness/Wii	8:00-3:00 Gym on your own. 14 09:30-10:15 Coffee & Socializing 10:00-11:00 Devotion (Optional) with Mr. McDuffie 11:30-12:15 Lunch 12:30-1:00 Senior Fitness/Wii	9:00-1:00 Gym on your own. FRIEND-DAY FRIDAY Drive-In 09:00-1:00 Cards/Games/Wii/ Puzzles/Fitness/Ping Pong/Shuffleboard/Gym/Billiards

8:00-3:00 Gym on your own. **FUNDAY MONDAY**

09:30-11:15 Coffee & Socializing Cards/Games/Wii/Puzzles/Fitness 10am-11am Tai Chi w/ Ms. Whitmire 11:30-12:15 Lunch

12:30-1:00 Cards/Games/Wii/ Puzzles/Fitness/Ping Pong/Shuffle Board/Gym/Billiards

09:30-11:15 Coffee & Socializing

Cards/Games/Wii/Puzzles/Fitness

10am-11am Tai Chi w/ Ms. Whitmire

12:30-1:00 Cards/Games/Wii/ Puzzles/Fitness/Ping Pong/Shuffle

11:30-12:15 Lunch

8:00-3:00 Gym on your own.

8:00-3:00 Gym on your own.

10:30-11:30 Exercise w/Dr.

12:30-1:00 Cards/Games/Wii/

Puzzles/Fitness/Ping Pong/Shuffle

11:30-12:00 Lunch

Board/Gym/Billiards

09:30-10:15 Coffee & Socializing

10:00-11:00 Gail Jones Gospel **Singing**

11:30-12:15 Lunch 12:30-1:00 Cards/Games/Wii/ Puzzles/Fitness

8:00-3:00 Gym on your own.

09:30-10:15Coffee & Socializing 10:30-11:30-Wanda/Joy w/

St. Mary's Bean **Auction**

Plus, Vital Signs 11:30-12:15 Lunch

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12:30-1:00 Senior Fitness/Wii

SHOPPING DAY

OUT TO EAT

8:00-3:00 Gym on your own.

09:30-10:15 Coffee & Socializing 10:00-11:00 Devotion

(Optional) with Mr. McDuffie

11:30-12:15 Lunch 12:30-1:00 Senior Fitness/Wii 9:00-1:00 Gym on your own.

FRIEND-DAY FRIDAY

Drive-In

09:00-1:00 Cards/Games/Wii/ Puzzles/Fitness/Ping Pong/Shuffleboard/Gym/Billiards

8:00-3:00 Gym on your own. **FUNDAY MONDAY**

Brooke

09:30-10:15 Coffee & Socializing

8:00-3:00 Gym on your own. 09:30-10:15 Coffee & Socializing

> 10:00-11:00 Devotion (Optional) with Mr. McDuffie

11:30-12:15 Lunch

12:30-1:00 Senior Fitness/Wii

9:00-1:00 Gym on your own.

FRIEND-DAY FRIDAY

Drive-In

09:00-1:00 Cards/Games/Wii/ Puzzles/Fitness/Ping Pong/Shuffleboard/Gym/Billiards

